Specials Calendar Grades K-2

	Music	Þ.E.	Technology	Library
Week One: April 27th- May 1st	Create a short song about something fun you are doing. Record it to send it to Ms. Husky. (<u>husky.andrea@cusd80.</u> <u>com</u>).	Make up a dance to one of your favorite songs and teach it to someone else in the family.	Email Mrs. Whitmire and tell her how you are doing. (<u>whitmire.michelle</u> @cusd80.com)	Read a book to or with someone at your house. Tell them about the characters, setting, and problem.
Week Two: May 4th- May 8th	March or move to the beat of any song.	Do side planks and skip count by 2's for as long as you can. Repeat on the other side. Try skip counting by 5's 10's, etc.	Visit <u>Learning.com</u> and complete I lesson. (Your grade-level page on Mrs. Whitmire's website <u>www.cusd80.com/</u> <u>domain/ I380</u>)	Write a letter, draw a picture, or make a card for your teachers (the ones at home and at school).
Week Three: May 11th- May 15th	Listen to "In the Hall of the Mountain King" and use your tip-toe fingers to keep the beat. <u>https://</u> <u>www.youtube.com/</u> <u>watch?</u> <u>v=XTXNqfUWT5E</u>	Jump rope as many times as you can in a row or in one minute (pretend ropes are acceptable too). Challenge yourself. Can you beat your best score by 5 or 10 more jumps or maybe even backwards?	Create a picture using Color, Paint, & Draw (<u>www.abcya.com/</u> games/abcya_paint)	Make a list of all the rhyming words you can think of. Some endings to try are: -ack, -ame, -ink, or -ool.
Week Four: May 18th- May 22nd	Teach your family your favorite song or singing game.	Make up a "workout challenge course" or routine. Be sure to have at least one activity working your heart and lungs, another stretching your muscles and another making your muscles work until they get tired.	Open Microsoft Word and type your name ten times. (try using different fonts & colors)	Draw a map of your room. Label it.
Contact Information	Ms. Husky husky andrea@cusd80.com Ms. Husky has additional activities and links on her website.	Mr. P plamondon.kirk@cusd80.com Mr. Plamondon has ideas for how to stay active listed on his website.	Mrs. Whitmire whitmire.michelle@cusd80.com For more activities, check out Mrs. Whitmire's website for the grade level links.	Mrs. Tollefson tollefson.kristin@cusd80.com For more information, see our library link on the website or our Destiny homepage at cusd80.com/destiny.

Specials Calendar Grades 3-6

	Music	Þ.E.	Technology	Library	Band/ Orchestra
Week One: April 27th- May 1st	Create a short song about something fun you are doing. Record it to send it to Ms. Husky.	Make up a dance to one of your favorite songs and teach it to someone else in the family.	Email Mrs. Whitmire and share a story about something that made you smile or laugh this week. (whitmire.michelle @cusd80.com)	What is your favorite song? Can you write out the lyrics? What makes it special? Do you notice any patterns?	Be Part of the Music - Videos of instruments and their sound: <u>https://</u> www.bepartofthem <u>usic.org/bpoto/</u> index.html#
Week Two: May 4th- May 8th	Make your own instrument. <u>https://</u> <u>www.mydso.com/</u> <u>dso-kids/activities/</u> <u>make-your-own-</u> <u>instrument</u>	Do side planks and skip count by 2's for as long as you can. Repeat on the other side. Then do it one more time counting by 3's. Can you beat your score?	Visit <u>learning.com</u> (vi a Clever) and complete a <u>code.org</u> activity	Write a letter, draw a picture, or make a card for your teachers (the ones at home and at school).	Explore this site to learn about and hear the different instruments: <u>https://</u> www.mydso.com/ <u>dso-kids/learn-and- listen/instruments</u>
Week Three: May 11th- May 15th	Explore band and orchestra instruments. <u>https://</u> <u>www.bepartofthe</u> <u>music.org/</u>	Jump rope as many times as you can in a row then again backwards (pretend ropes are acceptable too). Challenge yourself and do it as many times as you can in one minute.	Practice your keyboarding skills by playing NitroType. (www.nitrotype)	Write a story about the funniest thing that has happened to you lately. Write it like a novel (paragraphs) or graphic novel (frames).	Instrument Storage - Click on the instruments to listen and learn more about them: <u>http://</u> <u>www.sphinxkids.org/</u> <u>Instrument_Storage.h</u> <u>tml</u>
Week Four: May 18th- May 22nd	Check out Classics for Kids to listen, play and learn at <u>https://</u> www.classicsforki <u>ds.com/</u>	Make up a "workout challenge course" or routine. Can you come up with at least two activities from each component of fitness that include flexibility, aerobic endurance and muscular endurance or strength?	Open Microsoft Word and type a paragraph about a place you'd like to visit someday. (feel free to insert pictures by using <u>kiddle.org</u>)	Draw a map of your neighborhood. Label it with the special places you visit. Don't forget street names.	Orchestra Game - Identify the sound of the instruments: <u>http://</u> <u>www.musicgames.n</u> <u>et/livegames/</u> <u>orchestra/</u> <u>orchestra2.htm</u>
Contact Information	Ms. Husky husky.andrea@cusd80.com Ms. Husky has additional activities and links on her website.	Mr. P plamondon.kirk@cusd80.com Mr. Plamondon has ideas for how to stay active listed on his website.	Mrs. Whitmire whitmire michelle@cusd80.com For more activities, check out Mrs. Whitmire's website for the grade level links.	Mrs. Tollefson tollefson kristin@cusd80 com For more information, see our library link on the website or our Destiny homepage at cusd80.com/ destiny.	Dr. Lennex/ Band lennex.matt@cusd80.com MS. Lawlor/ Orchestra lawlor.sarah@cusd80.com For Band, please refer to Dr. Lennex's teacher page or Remind for ideas.